



STUDENT ENGAGEMENT PROGRAMS

Empowering Young
People for the Future

ABOUT US



We have been operating under the name of The Business Education Network (The BEN), www.theben.org.au, for decades and are ready for a big change to re-align ourselves with our vision and mission.

Our brand appearance and name will change to Youth Up Front (YUF) however, our purpose, values, mission and vision remain the same.

YUF is a registered Australian charity that helps young people transition from adolescence to adulthood. We have inspired more than 100,000 students over 20 years and will continue to do so.

Together we improve the lives of young people by providing outreach and vocational programmes, mentoring, case worker support and personal development resources.

We do this by providing a range of different services and programs, including:

- Student Engagement Programs
- Career and Transition Programs
- Work Placement support



OUR TEAM



Wes Sefuiva
Team Leader



Gus Larrigaudiere
Team Leader



Harry Scott
Program Facilitator



Kate Hickson
Program Facilitator



**Noge Bengmine
Beshere**
Program Facilitator



Julia- Kaehler-Faulds
Program Facilitator



Carly Thomas
Program Facilitator



OUR STUDENT ENGAGEMENT TEAM

All members of our team are multi-disciplined with tertiary qualifications and are highly experienced in youth program development and facilitation. Each worker holds a current Working With Children Check and National Police Check.

Our team receives ongoing training in key areas such as mental health first aid, accidental counselling, trauma informed practice, crisis intervention, cultural competency and career development.



WHY STUDENT ENGAGEMENT PROGRAMS?

40%



Of students in Australian schools are disengaged from learning ¹

25%



Of disengaged young people do not complete school ²

TOP 3 PERSONAL CONCERNS



1. Coping with stress 43%
2. Mental health 34%
3. Body image 33% ³

PERSONAL CONCERNS DURING PANDEMIC



1. Education 34%
2. Mental health 17%
3. COVID-19 9% ⁴

56%



Of females are extremely/very concerned about coping with stress ⁵

90%



Of young people in the juvenile justice system are male ⁶

1- Grant Institute

<https://www.documentcloud.org/documents/3453407-Engaging-Students-Creating-Classrooms-That>

2- Pearl Subban, Lecturer, Faculty of Education, Monash University

<https://peersupport.edu.au/blog/2019/02/23/australian-students-are-becoming-increasingly-disengaged-at-school-heres-why/>

3-4-5- Mission Australia Youth Survey 2020

<file:///C:/Users/Etienne%20Gilbert/Downloads/Mission%20Australia%20Youth%20Survey%20Infographic%202020.pdf>

6- Australian Institute of Health Welfare 2020

<https://www.aihw.gov.au/getmedia/37646dc9-dc6f-4259-812d-1b2fc5ad4314/aihw-juv-135.pdf.aspx?inline=true>

ABOUT THE PROGRAMS

OUR STUDENT ENGAGEMENT PROGRAMS

Our Programs target students from Year 7 to Year 12 who have been identified as individuals who are at risk of disengaging from their learning or have already disengaged and are in need of some additional support to meet and cope with life and high school demands.

Our programs help to improve students' well-being and sense of purpose through a personalised approach that fosters inclusion, resilience and positive relationships.

More broadly, our programs:

- Empower students to realise their potential
- Create opportunities to grow, learn and positively influence their peers.

TARGETED AUDIENCE

Our Programs are for all students, although students who present with one or more of the following barriers to learning tend to benefit the most.

- Lack of interest in curriculum
- Intention to leave school early
- Off task
- Non-completion of school work
- Difficulties focusing in class
- Sporadic or poor attendance
- Negative interaction with peers
- Negative interaction with school staff
- Lack of connection with peers
- Lack of connection with the school staff
- Feeling stressed, anxious and under pressure
- Unstable home environment
- Lack of positive adult role models
- Mental health, wellbeing issues
- Lack of coping mechanisms
- Low self-confidence
- Lack of resilience
- Inappropriate or poor Interpersonal skills



PROGRAM OPTIONS

Our Student Engagement Programs consist of the following 3 pillars.

SKILLS FOR LIFE

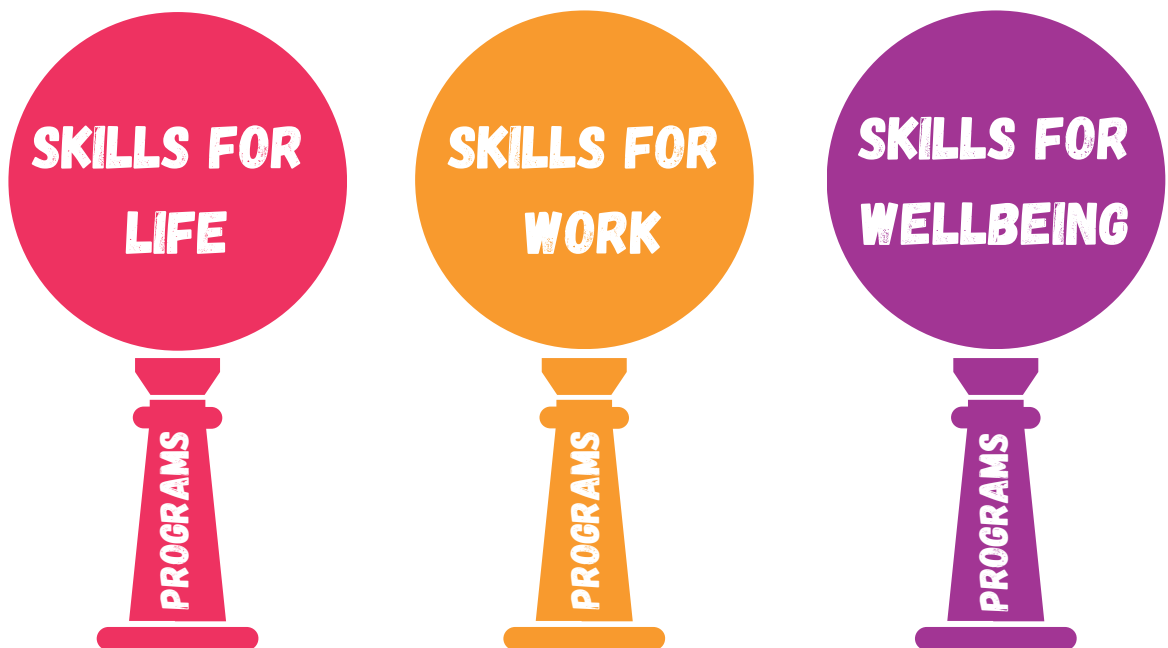
Allows students to explore, learn and understand skills required to be successful in today's world. This involves practical activities and open discussion-based learning where students not only learn from the facilitators but also from each other.

SKILLS FOR WORK

Allows students to explore, learn and understand the entry-level skills and knowledge to be successful at work and start thinking like a young entrepreneur.

SKILLS FOR WELLBEING

Focuses on a holistic approach towards mental health and wellbeing. These programs have alternative approaches for students to be able to communicate and understand their struggles and explore the issues they are dealing with in their adolescence. This allows students to engage in activities that encourage self-development and acceptance of themselves and others.



PROGRAM OUTCOMES & BENEFITS

Our current evaluation framework, developed in collaboration with participating schools, measures students' engagement, improvements in mental health, lifestyle behaviours and attitudes, knowledge, and skillsets.

The principle focus is on maximising student engagement which is achieved via a strengths-based and harm-minimisation approach that utilises innovative delivery methods

Between 2017-22, Youth Up Front has delivered student engagement programs to over 1000 students across 30 High Schools in the North Sydney region.

Over the years our various programs have resulted in:



Increased students' school attendance and engagement.



Decreased students' detention and suspension



Improved students' wellbeing



Improved student's positive connection to learning



Improved positive social connection and relationships



TESTIMONIALS

WHAT WERE THE GREATEST BENEFITS AND WHAT DID YOU VALUE MOST ABOUT THE PROGRAM?

"Gaining more confidence, making new relationships with peers and facilitators and learning some important life skills."

Year 9, Female

"It gave me time to relax and learn about real-life situations without the school stress."

Year 10, Female

"I've learnt how to communicate better and be more confident in my life."

Year 9, Male

It gave me perspective and a better outlook on problems in my life and others.

Year 9, Male

"Year after year we find the students who attend love the program and have learnt so many valuable and transferable skills that enable them to transition smoothly and successfully into the workforce or into full-time learning. The students we have placed in the program have often experienced a continued sense of failure and disengagement at school. The student engagement program has offered them a place where their skills are valued and improved upon, leading to an incredibly improved sense of self-esteem, self-value, resilience and much better sense of their own place in their world. These students have gone on to significant successes both in the workplace as well as here at school. "

Career Adviser, Northern Beaches High School



YOUTH UP FRONT

SKILLS FOR LIFE

Years 8-11 Students

SKILLS FOR LIFE PROGRAM

Allows students to explore, learn and understand skills required to be successful in today's world. This involves practical activities and open discussion-based learning where students not only learn from the facilitators but also from each other.



Team Work



Effective Communication



Growth Mindset



Respectful Relationships



Work Readiness



Cultural Awareness



Healthy Lifestyle



Basic First Aid



Giving Back



Creativity



Case Work & Self Care



Technology



Living Skills



Role Models

PROGRAM DELIVERY DETAILS

Program Length: 10-weeks (1 Day a Week)

Group Size: 10-18 students per group

Delivery Site: In-School

Youth Up Front Headquarters in Ingleside

Session Duration: 1 full school day

Includes:

- 1 Casework appointment per student
- Cohort wellbeing assessment report
- 2 Qualified staff members
- All resources and planning
- Program outcomes measurement report
- Transport to Ingleside (Youth Up Front Headquarters)
- Certificate of completion and graduation ceremony
- Daily summary sent to school

Requirements for in-school delivery:

Classroom, projector & whiteboard

YOUTH UP FRONT

SKILLS FOR WORK

Years 9-11 Students

SKILLS FOR WORK

PATHWAY TO TRADES PROGRAM

This program creates opportunities for young people to gain experience within a trade dynamic. Students work together as a team to complete building projects onsite.



Workplace
Health & Safety



Duty of Care



Pathways to
Trades



A Day at Work



Pathways to
TAFE



Financials -
Accounts, TFN



Wages &
Budgeting



Working with
Others



Team Work



Resumes &
Interview Skills



Hands on Tools



Graduation

PROGRAM DELIVERY DETAILS

- Program Length:** 10-weeks (1 Day a Week)
Group Size: 10-15 students per group
Delivery Site: In-School
Youth Up Front Headquarters in Ingleside
Session Duration: One full school day

Includes:

- 2 Qualified staff members
- All resources and planning
- Program outcomes measurement report
- Transport to Ingleside (Youth Up Front Headquarters)
- Certificate of completion and graduation ceremony

CAFE SKILLS

Participants will work as a team to create a cafe brand and ultimately operate the cafe and serve real customers upon completion of the project. Participants will learn to search and apply for jobs, create their resumes and ace the interview.



Team Work



Effective Communication



Personal Presentation



Interview Skills



Job application



Branding



Customer Service



Hospitality and Barista Skills



Food Handling



The Cafe in Action

PROGRAM DELIVERY DETAILS

Program Length: 10-weeks (1 Day a Week)

Group Size: 10-15 students per group

Delivery Site: In-School

Youth Up Front Headquarters in Ingleside

Session Duration: One full school day

Includes:

- 2 Qualified staff members
- All resources and planning
- Program outcomes measurement report
- Use of the YUF Coffee Trailer
- Food and all consumable items
- Transport to Ingleside (Youth Up Front Headquarters)
- Certificate of completion and graduation ceremony

Requirements for in-school delivery:

Classroom, projector & whiteboard

Location to set up our coffee trailer on school grounds

JOB READINESS

Job Readiness aims to assist Young People in developing pertinent employment competencies surrounding people skills, critical thinking, and awareness of job opportunities to create a wider range of potential career pathways.



Team Work



Effective Communication



Personal Presentation



Interview Skills



Job application



Emotional Intelligence



Customer Service



Creative thinking



Financials - Accounts, TFN



Wages & Budgeting

PROGRAM DELIVERY DETAILS

Program Length: 10-weeks (1 Day a Week)

Group Size: 10-15 students per group

Delivery Site: In-School

Youth Up Front Headquarters in Ingleside

Session Duration: One full school day

Includes:

- 2 Qualified staff members
- All resources and planning
- Program outcomes measurement report
- Visits to external services and businesses
- Food and all consumable items
- Transport to Ingleside (Youth Up Front Headquarters)
- Certificate of completion and graduation ceremony

Requirements for in-school delivery:

Classroom, projector & whiteboard



SKILLS FOR WELLBEING

Years 7-12 Students

SKILLS FOR WELLBEING PROGRAMS

Includes the noted core units and a selection of school identified elective units.

CORE UNITS



Managing Emotions



Mental Health



Communicating Effectively



Self Confidence

PROGRAM ELECTIVE UNITS



MY WELLBEING

- Creativity
- Self Care / Identity
- Connection to Culture
- Drumming Circle
- Role Models
- Healthy Lifestyle
- Body Image
- LGBTQIA+ Awareness



MY HSC

- Goal Setting
- Studying Skills
- Career Coaching
- Mental Health
- Self care
- Healthy Lifestyle
- Coping with Stress
- Mindfulness, meditation, Yoga



YOUNG ATHLETES

- Goal Setting
- Career Coaching
- Mental Fitness
- Mental Health
- Sport Psychology 101
- Healthy Lifestyle
- Drug and Alcohol in Sport
- Personal Branding

MY WELLBEING – MY HSC– YOUNG ATHLETES DETAILS

Program Length: 10-weeks (1 Day a Week)
Group Size: 10-18 students per group
Delivery Site: In-School
Youth Up Front Headquarters in Ingleside
Session Duration: 1 full School Day

- Includes:**
- 1 Casework appointment per student
 - Cohort wellbeing assessment report
 - 2 Qualified staff members
 - All resources and planning
 - Program outcomes measurement report
 - Transport to Ingleside (Youth Up Front Headquarters)
 - Certificate of completion and graduation ceremony
 - 4 Core Units and a school selection of 6 Elective Units

Requirements for in-school delivery:

Classroom, projector & whiteboard

SKILLS FOR WELLBEING PROGRAMS

CAL – CANINE ASSISTED LEARNING

This program is designed to build resilience and social connections in young people in a fun and supportive way using dogs. Sessions are structured to encourage students to explore, develop and build competence in key skill areas of resilience such as emotional awareness, optimism, impulse control and empathy in a unique and engaging way.



Resilience & Courage



Emotional Awareness



Critical & Flexible Thinking



Problem Solving



Persistence & Mastery



Working with Others



Growth Mindset



Effective Communication

PROGRAM DELIVERY DETAILS

- Program Length:** 5-weeks (1 hour a week)
Group Size: 8-12 students per group
Delivery Site: In-School
Youth Up Front Headquarters in Ingleside
Session Duration: 1 hour session

Includes:

- "Gooddog Training" assessed dogs
- 2 Qualified staff members
- All resources and planning
- Program outcomes measurement report
- Full volunteer compliance
- Transport to Ingleside (Youth Up Front Headquarters)

Requirements for In-school site delivery:

Open space and access to tap water.



The background of the page is a photograph of a paved road with a white dashed center line, receding into the distance towards a range of rugged, brown mountains under a cloudy sky. The foreground shows some dry grass and a fence line.

GENERAL INFORMATION

REFERRALS & PROGRAM SCHEDULE

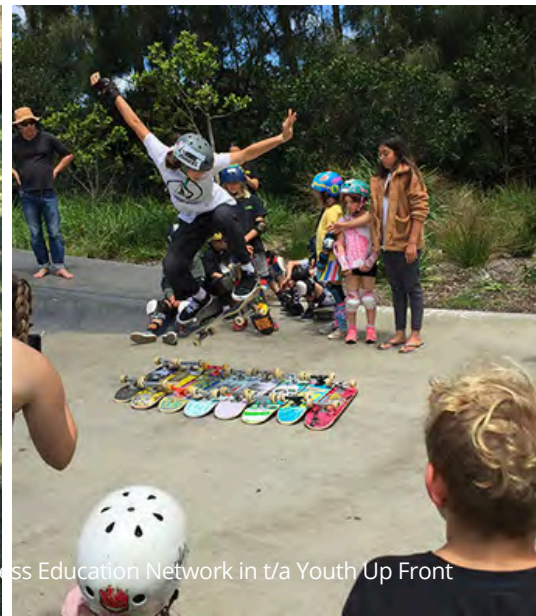
DO YOU OR SOMEONE YOU KNOW WANT TO SIGN UP?

Scan QR code below and answer the questionnaire which will allow us to determine if a young person meets the criteria for full subsidy for programs. .

ENROL OR REFER VIA OUR QR CODE:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SFW - CAFE SKILLS SFW - PATHWAY TO TRADES	SKILLS FOR LIFE SFW - PATHWAY TO TRADES	SFW - CAFE SKILLS	SFW - PATHWAY TO TRADES	SFW - JOB READINESS



FAQ'S

DUTY OF CARE AND ATTENDANCE?

While attending programs, all students remain under the duty of care of the school. Student attendance will be captured and reported to schools. Youth Up Front is a mandatory reporting organisation and will work with the School Leadership Team in the event any issues arise.

CAN THE SCHOOL CUSTOMISE THE PROGRAMS' CONTENT?

We are here to consult and collaborate to make this program meet the needs of your school and your students. Our experienced staff will conduct a needs assessment then work on tailoring the set-up of the program for your needs. We can also quote on creating additional content if there is a particular topic that you need to address.

CAN THE SCHOOL CUSTOMISE THE DURATION OF THE PROGRAMS?

The program options have been developed to maximise the benefits and positive outcomes for students. Additional consultation is available if your school has needs outside our program scope.

CAN THE SCHOOL MIX GENDER AND AGE GROUPS?

We have had great success running programs for diverse groups (mixed groups, boys groups, girls groups) and have had many participants identifying as LGBTQI+.

However, our experience running these programs shows that the best results are achieved when students of a similar age group are working together. Generally, this means that Year 7-8 mix well as do Years 9-10 and Years 11-12.

WHAT IF OUR SCHOOL CAN'T MEET THE GROUP SIZE REQUIREMENT?

Working with current school operating advice, combined group programming may be offered. These programs will be delivered at our Ingleside site with transport included in pricing based on a per-student basis.

WHO PAYS FOR THE PROGRAMS?

There is flexibility for programs to be funded by schools, parents or a combination of both. We also have the capacity to subsidise program fees if a young person meets the criteria for Safer Communities or sponsor grant funding. In all instances, agreements are made directly between Youth Up Front and schools, with any parental contributions recovered by the school.





CONTACT & BOOKINGS

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